



# THE APOSTLE

*St. Paul's is an inclusive community  
seeking to know, to live,  
and to share the joy and love of Christ.*

August 2013

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## **Man of Steel - The Myth and The Meaning A Sermon by: Harry McDonnough**



For many, comic books, and superheroes represent modern day mythology, much like that of Greek or Roman culture. The superheroes each represent a different emotion or time of our lives that must be overcome to accomplish good deeds. Batman, who if you know me you know is my absolute favorite, represents the darkness and tragedy; Spiderman represents the awkwardness of our adolescent years, the Hulk and Wolverine anger, and so on and so forth. These heroes teach us that negative feelings can be used to accomplish great tasks or help those in need. But there's always been one sore spot in the pantheon of superheroes, one elephant in the room whose greater purpose I have never been able to truly cipher, and that's Superman.

How many of you have gotten the chance to see Man of Steel? I know I have. I was firmly planted in my seat opening day. Not because I have an immense love for the character, but rather because I hoped to finally understand what his purpose is. For two and a half hours I watched as Kal-El, the son of Jor-El of the doomed planet Krypton struggled to understand how he could be accepted on the planet he has called home for most of his life, Earth. His adopted Earth parents, Martha and Jonathan Kent, simple farmers, christen him Clark and instill in him the most tried and true values known to man, those of America. Following the death of his father which was preceded by an argument over Clark masking his true self and following his father into the agricultural field, Clark goes off in search of himself, becoming a wanderer who helps those in need, usually through awe inspiring feats such as bursting into a burning oil rig to save those trapped by the flames. These flashback scenes of Clark's childhood and wandering early adulthood give way to the present, in which Clark, now in his early thirties ventures into a frozen wasteland where he finds a crashed ship from his home planet. On this ship, Clark learns of his true value through pre recorded messages left by his alien father. He learns that his being sent to Earth shortly before the destruction of Krypton was deliberate, as Jor-El knew that on Earth, Clark would bring hope to mankind. Clark emerges from this crashed ship adorned in the robes of his homeland and proceeds to fulfill his purpose of being a savior to mankind. He then goes about the rest of the film turning water to wine, healing lepers, and ultimately dying for the sins of mankind only to be resurrected by as a means of showing mankind that righteousness will always prevail.

Ok, I made up that last part, it actually ends with a mind numbing battle that is in direct contradiction to the idea of Clark being symbolic of hope, but they might as well have ended it the other way. But this brings me back to my problem with Superman. What's this guy's deal? Why is that he's so perfect in comparison to the tragic backstories of other superheroes. Sure he's faced some tragedy, not the least of which the destruction of his homeland, but on Earth

Cont. on p.2

his sole conflict seems to be how to balance his perfection? He's like the popular kid at school who never seems to make a wrong move. I mean this is a hero who we essentially can only relate to Jesus, so what is his purpose. By definition, just about any superhero could be viewed as a Christ analogy, someone with incredible powers hiding behind a costume, who, if they are ever willfully unmasked have served their purpose, for it they have vanquished the wickedness they fought against and can now be confided in by others.

But why is Clark Kent so darn special? Why does he get the obvious Christ symbolism, in some cases even shot for shot recreations of biblical scenes? Originally conceived by Jewish writers Jerry Siegel and Joe Shuster, Superman was never intended to be so high and mighty, yet 75 years after the first Action Comics was published, Superman is considered by most to be the greatest comic book hero in history. And films such as Man of Steel and 2006's Superman Returns are not subtle in the slightest with the analogies. But during the most recent Superman movie it hit me like a ton of bricks. The importance of this character, un-subtle symbolism and all, makes sense.

Superman is not a blank slate onto which we can project our emotions for he is an aspiration. We don't relate to him like we do Peter Parker or Bruce Wayne, because Clark Kent is not like us, rather he is someone we want to be. To understand this you need look only at stories like that of Wesley Autrey. Back in 2007, Autrey saved a 20-year-old epileptic college student, who had suffered a seizure and fallen onto a subway track as a train approached, by shielding his body in a drainage trench on the tracks as the cars passed by. Neither was killed or seriously injured and Autrey was immediately dubbed "Subway Superman." The importance of Superman is right there in front of you. There's a reason Superman never makes a false step; there's a reason he so often is made out to be a Christ-like figure, because he like Christ, is someone we honor by aspiring to their actions. You can actually become a better Christian by aspiring to be Superman, because their drives for good are so similar. That's far more than can be said for the average hero, and shows just why he is such an important, groundbreaking character. Superman earns his reputation as the greatest superhero in existence because by simply trying to be Superman, by trying to inspire hope or further selflessness in others through our action we soar higher than a bird, plane, or even the Man of Steel himself. Amen.

### **JESSIE CHERNETSKY ART EXHIBIT St. Paul's - AUGUST 16 & 18**

Jessie Chernetsky, who was recently awarded an Irwin Scholarship at UC Santa Cruz, will present an exhibit of her work to her St. Paul's family on Friday August 16 at the noon time Organ Concert and on Sunday August 18 during our worship services. (Pieces of Jessie's art will be available for purchase).



*The theme of this work is the town in which I was born and raised, Salinas, CA. The city itself has a unique appeal visually, though it is the people that make Salinas so interesting. With this series, Portraits of Salinas, I explored the idea of showing the viewer what this town and its population are like without showing its people. When you take the people out of the photographs and are left with only visual markers of their existence, storefronts, doorways, and buildings are all that's left to showcase some of Salinas's personalities. - Jessie*

### **Worship Services**

**Sunday** - Meditative Eucharist 8:00 a.m.  
Choral Eucharist 10:00 a.m.  
San Pablo Eucharist 12:00 pm.

#### **Clergy**

The Rev. James V. Ezell  
*Rector*

The Rev. Arnold Hedlund  
*Assisting Priest*

#### **Deacon**

The Rev. Donna Elder-Holifield

#### **Choir Director**

Janette Ford

#### **Organist**

William Ray

### **The Apostle**

The Newsletter of  
*St. Paul's Episcopal Church*  
1071 Pajaro Street, Salinas, Ca. 93901  
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Editor -

Associate Editor

Lucy Murguia

### **Clergy**

#### **Rector**

The Rev. James V. Ezell 831 512-7412  
*Email: jvemailbox-stpauls@yahoo.com*

#### **Vestry**

**Sr. Warden** - Bob Beery

**Jr. Warden** - Steve Graham

**Treasurer** - Arnold Hedlund

**Vestry Clerk**- Cathi Beery

Kathy Blount

Howard Coe

Donna Elder-Holifield

Jonathan Romeyn

William Thompson

Marshall Treleven

Jan Yaxtheimer

### **THANK YOU ST. PAUL'S**

#### **From**

#### **MARSHALL TRELEVEN**

Saint Paul's has been a huge influence on my life over the past six years. Previously to calling this church my home, I had been struggling with who I was at that point in my life. But something about our parish and the people here really called me back to the church. It has been like a second home to me. I have had many opportunities to participate in what I am passionate about here, like youth group outings and Sierra Service Project.

This next year I will be attending Arizona State University studying Biomedical Engineering. After college I am hoping to get a job as a medical researcher, and maybe even later on in life become a professor.



### **CELEBRATE HOMECOMING SUNDAY**

#### **WITH OUR ANNUAL GIANT BANANA SPLIT!!**

**SUNDAY, SEPTEMBER 8, 2013—AFTER THE 10AM SERVICE**

**SUNDAY SCHOOL BEGINS**

**SUNDAY SEPTEMBER 15, 2013**

**9:50AM**





## Kaleidoscope INSTITUTE

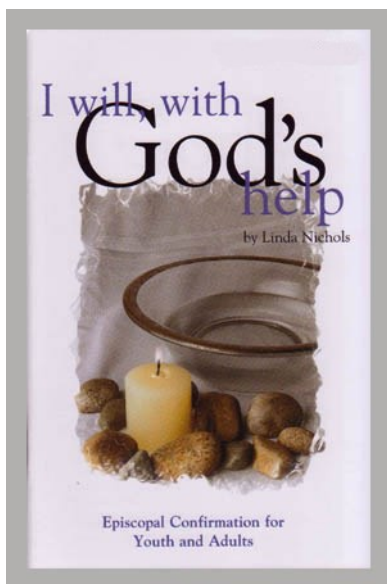
ERIK LAW & THE KALEIDOSCOPE  
INSTITUTE WORKSHOP  
SATURDAY AUGUST 24, 9AM TO 5PM  
AT  
ST. GEORGE'S EPISCOPAL CHURCH

The Diocese of El Camino Real is sponsoring this event for the parishes in our diocese who in the process of exploring multicultural ministry and parish unions. **The Parish Union Commission of St. Paul's and San Pablo invites all interested members of our congregations** to join us for this wonderful opportunity to converse and to gain information and greater understanding on how to proceed on our journey to become one family in Christ. Please call the parish office to register for this workshop.

### Saint Paul's and San Pablo—We are One in Christ

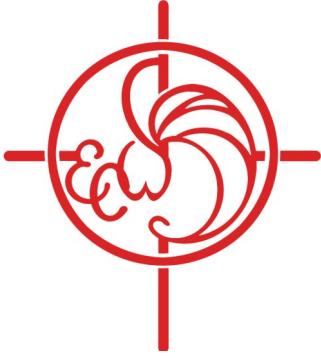
*Loving God,*

*We ask your blessing upon the congregations of San Pablo and Saint Paul's as we journey together. Let your Holy Spirit guide and direct us so that bonds of affection and love may grow between us. Bring us into union as one family in Christ, one congregation united in mission and ministry serving one another, the Salinas Valley and the world in your name. Amen*



### SAINT PAUL'S CONFIRMATION AND INQUIRER'S CLASSES

A course for all youth or adults seeking Confirmation or Reception into the Episcopal Church will begin on Sunday August 18<sup>th</sup> (11:30am - 12:30pm), and run for 9 consecutive weeks with a Saturday retreat on October 19<sup>th</sup> (9:30am - 1pm). Bishop Mary will confirm and receive new members of the Saint Paul's and San Pablo at the 10am service on Sunday October 27<sup>th</sup>. Please call the parish office to register (831-424-7331).



**The ECW will have its next meeting and lunch**

**Tuesday, September 10 at 11 am.**

**In the Parish Hall Lounge.**

### ECW Prayer

*Almighty God, Heavenly Father, source of all knowledge and truth, be present with each of us meeting together as the Women of the Episcopal Church. Grant us open minds, compassionate hearts, honest words and gentle ways. Give us the grace to know your will, the courage to accept it and the strength to accomplish it. May we not forget the lessons from the past nor fear the challenges of the future. Bless us with your peace today and all the days to come, and may we ever pray, "Thy will be done". We live in your presence and pray in your Holy Name. **Amen***



The next Men's Fellowship Dinner will be Friday, August 9, 6pm at Elli's Restaurant

1250 S. Main Street, Salinas

All St. Paul and San Pablo men are welcome!

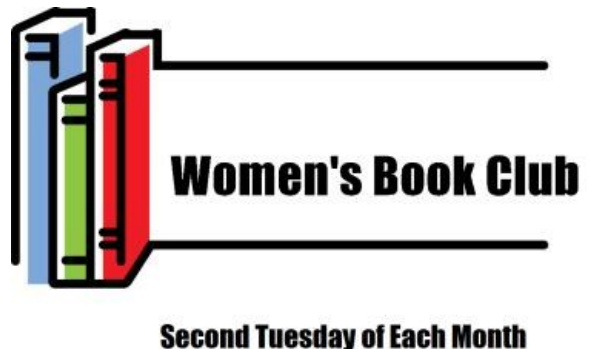
RSVP - the Parish Office (424-7331)

The Women's Book Club and dinner will meet on  
Tuesday August 6 in the Parish Hall Lounge at 6:00pm.

August Book - 'Paris Wife' by Paula McLain

Dinner Hosts:

Donna Elder-Holifield, Cecilia Sanchez &  
Frances Richardson







### August & September Coffee Hour Hosts

August 4 Jeannie Baker  
 August 11 William Thompson  
 August 18 Bob & Cathy Beery  
 August 25 Keith & Jessica Hedlund

September 1 Angela Jackson  
 September 8 Home Coming  
 September 15 The Coopers  
 September 22 Donna Elder

If you are unable to host on your day, please switch with someone or call Janet Hedlund 422-6607



### Episcopal Church Women

*Are you a woman? Are you Episcopal?  
 Then you are an Episcopal Church Woman.*

- **HOLY EUCHARIST** with Bishop Mary presiding.
- **DRAMATIC PRESENTATION** and historical reflection on contributions of women to the Episcopal Church, recalling the ministry and mission of women over the past two centuries. We need to remember! We'll have an opportunity for reflection in small groups.
- **CATERED LUNCHEON**
- **FELLOWSHIP** -- We will gather in fellowship while we visit with friends from across the diocese and meet new ones, in fellowship that binds our hearts together.
- **2013 HONORED WOMEN** -- Each congregation will present the **2013 Honored Woman**. We will honor women from each congregation, acknowledging how they proclaim their faith through their lives and actions.
- **BLESSING** -- Bishop Mary will close the day by blessing the women of the diocese.

**Prepare to CELEBRATE!!**



**Thursday, August 22, 2013**

**In the Parish Hall, 12 Noon to 2pm**

(Meeting the 4<sup>th</sup> Thursday of every month)

(\$5.00 suggested donation)



## St. Paul's Prayer Shawl Ministry

### Wrapped in Prayer

Just a reminder that St. Paul's Prayer Shawl Ministry meets the second Monday of every month from Noon til 1:30 p.m. to stitch prayer shawls for our community of believers and our friends. Each shawl is knitted or crocheted with special prayers for the recipient. When the shawls are completed, all are blessed by our prayer shawl group and Father Jim. Shawls can be used as a comfort during an illness or after a loss, but also to mark joyful events such as weddings, births and birthdays. Please feel free to join us in our ministry any second Monday at noon. Also, please call Judy at 758-5155 or Lucy at the office if you know someone who needs to be "wrapped in a prayer."

### WEEKLY FREE FRIDAY NOON TIME PIPE ORGAN RECITAL



#### ST. PAUL'S EPISCOPAL CHURCH

**1071 PAJARO STREET  
SALINAS, CA 93901**

**BRING AND ENJOY  
YOUR OWN LUNCH**

**(831) 424-7331**



### FOOD FOR THE HUNGRY VOLUNTEERS NEEDED!

Our Food Pantry continues to feed over 60 people a week and the needs are continuing to grow. Each week on Friday we distribute 25 bags of groceries in addition to fresh produce and refrigerated items as available. The food pantry is staffed by three of us and, when one (or more) of us is on vacation or otherwise unable to help, it places a great burden on the one (or two) who remain. We would, therefore, like to invite other members of the congregation to assist us either on a continuous or an ad hoc basis (filling in when we are on vacation). If you would like to know more about this extremely valuable ministry please contact William Thompson either at church or at 678-9464.

## PASTA WITH THE PASTORS



The annual Pasta with the Pastors fundraising dinner to support the Shelter Outreach-Plus Program has been set for Saturday, August 24. The dinner will again be held at Northminster Presbyterian Church on Alvin Drive. Dinner hours are from 5 p.m. until 7 p.m. Tickets are \$12.00 for adults and \$5.00 for children below the age of 10.

St. Paul's will, as we have done for almost 20 years, provide the spaghetti. We will need 100 lbs. of spaghetti again this year. Your gift of spaghetti may be brought to the church on Sunday mornings until August 19 and to the church office until August 23.

St. Paul's has been a major force in the I-Help and Shelter Outreach-Plus program since its inception in 1992. Many homeless men have been helped to transition back into gainful employment and safe and secure housing. Shelter Outreach-Plus is one of the many pieces (programs) in Monterey County addressing the needs of the homeless.

Tickets for the dinner are available in the church office or from Mary Orrison and Arnold Hedlund.

### Festival of Christian Spirituality

September 27-29

All Saints Church—Carmel California

[www.cctcarmel.org](http://www.cctcarmel.org)



### Exclusion and Embrace - Living in Community

Friday 5pm to Sunday 4pm Cost: \$175 includes six meals

The festival offers a weekend of joyful renewal and spiritual refreshment. Enjoy various spiritual exercises. Through the Benedictine practice of *conversatio*, we will seek to discern Gospel responses to one of the most pressing issues of our time: exclusion and embrace.

Join Bishop Mary and a team of eight other leaders for a weekend focusing on God's grace. Return home inspired to live out the Gospel in new ways. Explore our website and register through the church. (831-624-3883)



# ANNUAL TRI-TIP-TAKE-OUT BBQ



**Tri-Tip Sandwich**

**Salsa**

**Green Salad**

**Fruit**

**Homemade cookies**

**OCTOBER 7, 2013**

**\$11.00 per ticket**

Pick up orders From: 11 am to 6 :30 pm.

**Free delivery for 12 or more.**

**St. Paul's Episcopal Church**

**1071 Pajaro St.**

**Salinas, California**

Tickets available at church office or

*Ministering to the needs of the Salinas*

*Community for 140 years*

For information call 424-7331

*Make checks payable to St. Paul's.*

This meal is prepared with a joyful spirit by St. Paul's volunteers



*Fresh*

ST. PAUL'S  
EPISCOPAL CHURCH  
SALINAS, CALIFORNIA

*Local Produce*


# Senior's Produce Market

Now Featuring Fresh Produce from the Salinas Valley!

Shop produce grown by Salinas Valley Growers

Best Prices and Fresh from the field:  
Green Onions, Broccoli, Cauliflower & Celery  
1# Strawberries (always) \$1.00  
3 Pack Romaine Hearts (always) \$1.00

**Saint Paul's Episcopal Church**  
**1071 Pajaro Street, Salinas 831-424-7331**  
**Every Wednesday 9:30-10:30 AM**  
**Produce sold at-cost for seniors 55+**  
**Presented by St. Paul's Episcopal Church and**  
**Episcopal Senior Communities**



## Weekday *Bible Study*

**Wednesday Mornings  
11:00am  
in the Rector's Office**



### August Birthdays

Janette Ford	1
Jeannie Baker	3
Andy Corlett	3
Doris Cushman	5
Sharlene Graham	5
Wiley Reeves	13
Adrianna Nuñez	15
Jan Yaxtheimer	18
Jeremy Hedlund	23
Fred Watters	23
Nicole Bowker	30
Jane Kohn	31
Frances Raymond	31

### August Anniversaries

Steven and Sharlene Graham	1
Arnold and Janet Hedlund	4
Jeannie Baker and Mike Branstetter	5
Bob and Cathi Beery	16
William and Maureen Thompson	17



### SCRIP PROGRAM

Merchant	%	Denomination
Applebee's	(8%)	\$25/\$50
Amazon. com	(4%)	\$25/\$100
Burger King	(4%)	\$10
Carl's Jr.	(5%)	\$10
Chili's	(11%)	\$25
Cold Stone	(8%)	\$10
CVS Pharmacy	(6%)	\$25
Gap/Old Navy	(14%)	\$25
Home Depot	(4%)	\$25
Jack in the Box	(4%)	\$10
JC Penney	(5%)	\$25
KFC	(8%)	\$5
Kohl's	(4%)	\$25
Macy's	(10%)	\$25
Office Depot	(4%)	\$25
Office Max	(5%)	\$25
Olive Garden	(9%)	\$25
Outback	(8%)	\$25
Panera Bread	(9%)	\$25
Pet Smart	(4%)	\$25
Red Lobster	(9%)	\$25
Safeway	(4%)	\$25
Save Mart	(2%)	\$25
See's	(20%)	\$16.50
Smart & Final	(3%)	\$25
Star Market	(5%)	\$25/\$100
Starbucks Coffee	(7%)	\$25
Subway	(3%)	\$10
Target	(2%)	\$25
Wal-Mart	(2%)	\$25
Wendy's	(4%)	\$10

Interested in a particular store not on this list? Let us know, we make special orders.

Scrip is available in the church office and in the Parish Hall after Sunday service.

Questions:

call Sally Parker 663-2519

## CHURCH OFFICE HOURS



**MONDAY—THURSDAY**

**8:00am—12 noon**

**1:00 pm—4:00 pm**

**Closed Friday**

**Open**

**8:00am - 10:00am**

**For food distribution  
ONLY**



# August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Finance Com. 7pm	<b>2</b> Food Pantry 8am Staff 10am Tai Chi - 10:30am Organ Concert 12pm	<b>3</b>
<b>4 Eucharist</b> 8am - Spoken 10am - Choral San Pablo - Noon Choir 8:30am. Worship Com. - 11:30am Outreach 6:30pm	<b>5</b>	<b>6</b> Feed the Homeless 8:30am - 12:30pm Book Club 6:00pm	<b>7</b> Sr. Market 9:30am Bible Study 11am	<b>8</b> Parish Union Commission 7pm	<b>9</b> Food Pantry 8am Staff 10am Tai Chi - 10:30am Organ Concert 12pm Men's Fellowship 6:30pm	<b>10</b>
<b>11 Eucharist</b> 8am - Spoken 10am - Choral San Pablo - Noon Choir 8:30am.	<b>12</b> Prayer Shawl Ministry - 12pm	<b>13</b> Feed the Homeless 8:30am - 12:30pm	<b>14</b> Sr. Market 9:30am Bible Study 11am	<b>15</b>	<b>16</b> Food Pantry Staff 10am Tai Chi - 10:30am Organ Concert & Chernetsky Art Exhibit 12pm	<b>17</b>
<b>18 Eucharist</b> 8am - Spoken 10am - Choral San Pablo - Noon Choir 8:30am. Confirmation 11:30 Chernetsky Art Exhibit in church	<b>19</b>	<b>20</b> Feed the Homeless 8:30am - 12:30pm	<b>21</b> Sr. Market 9:30 Bible Study 11am	<b>22</b> Senior Luncheon & Bingo 12-2pm Vestry Meeting 6pm	<b>23</b> Food Pantry 8am Tai Chi - 10:30am Organ Concert 12-1pm	<b>24</b> Pasta with the Pastors 5pm
<b>25 Eucharist</b> 8am - Spoken 10am - Choral San Pablo - Noon Choir 8:30am. Confirmation class 11:30	<b>26</b>	<b>27</b> Feed the Homeless 8:30am - 12:30pm	<b>28</b> Sr. Market 9:30 Bible Study 11am	<b>29</b>	<b>30</b> Food Pantry 8am Tai Chi - 10:30am Organ Concert 12-1pm	<b>31</b>

**ST. PAUL'S EPISCOPAL CHURCH**